

DIABETES : THE EPIDEMIC OF THE 21 ST CENTURY

Québec



1.2 million people are affected by diabetes.

Diabetes has an economic impact estimated at **3 billion dollars** per year in direct and indirect costs.



Diabetes is the leading cause of blindness in people aged under 65.

People living with diabetes :
Type 1 diabetes : 10 %
Type 2 diabetes : 90 %



Canada

Diabetes contributes to :

- 30 % of strokes
- Leading cause of blindness
- 40 % of heart attacks
- 50 % of kidney failure requiring dialysis
- 70 % of all non-traumatic leg and foot amputations

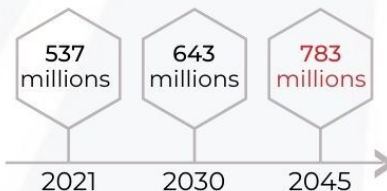


1 in 10 pregnant women develop gestational diabetes.

Every day, 620 people are diagnosed with diabetes.



World



1 in 10 people live with diabetes.



Every 5 seconds, one person dies of diabetes or its complications.



In 2021, diabetes was responsible for an estimated **USD 966 billion** in global health expenditure.



Diabetes symptoms



Fatigue



Intense thirst



Excessive hunger



Irritability



Unintentional weight loss

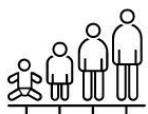


Dizziness



Increased urination

Risk factors of type 2 diabetes



Age Heredity Large waistline



Ethnicity



High blood pressure



Being a male

Symptoms and risk factors may vary from one person to another.