



Our Mission

Since 1954, Diabetes Québec has been providing support to people living with diabetes and their families with the goal of enhancing their well-being.

Diabetes Québec also funds research and defends the rights of people living with the disease.

Our Services



InfoDiabetes

Contact **InfoDiabetes** for free information from a health professional:

- phone: 514-259-3422 | 1-800-361-3504
- email: infodiabete@diabete.qc.ca
- chat: diabete.qc.ca



Support Program for People living with Diabetes

Are you living with type 2 diabetes but don't have a family doctor? Are you living with type 1 diabetes or LADA, and don't have an endocrinologist?

You may be eligible for the free Support Program for People living with Diabetes created in partnership with the **Ministère de la Santé et des Services sociaux**. This program offers support through distance care and education. Learn more at diabete.qc.ca.



Educational Materials

A vast array of **educational materials** and information is available on our website diabete.qc.ca, including guides, brochures and leaflets—ready for you to view, download or order. As a Diabetes Québec member, you also receive our **quarterly magazine, PLEIN SOLEIL**, devoted to diabetes and related topics.



Training

Whether you are a person living with diabetes or a health professional, you can benefit from our **accredited training and courses** offered by Universi-D, Diabetes Québec's diabetes school: universi-d.com. Please note that the courses are free for people living with diabetes.



Our Team

The Diabetes Québec team is dedicated to the mission and is always ready to serve our members, people living with diabetes, the public and health professionals. Diabetes Québec also relies on the constant support provided by an Advisory Committee of People Living with Diabetes and a Professional Council.



About Diabetes

Diabetes is a chronic, incurable disease that, fortunately, can be controlled through diet, physical activity, care and treatment, and mental health.

Diabetes management involves knowing how to use these 4 pillars to keep blood glucose levels within target values to reduce the risk of developing complications.

Become a Member

Become a member of Diabetes Québec and take advantage of many benefits. Visit our website at **diabete.qc.ca** and click on this icon.



Donation

Help Diabetes Québec fulfill its mission. When you make a donation on our website, you will receive an instant tax receipt. Go to **diabete.qc.ca** and click on this icon.



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In Québec, 1,200,000 people
are affected by diabetes.

Find out more

